

2020 Belmont Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00 PM	Mighty Monkees (30 min)	White - Orange	Mighty Monkees (30 min)	White - Orange	Mighty Monkees (30 min)
to 3:45pm	Ages 3-5		Ages 3-5		Ages 3-5
	688-725-0159	688-725-0159	688-725-0159	688-725-0159	688-725-0159
4:00 PM	White - Orange	Green - Red	White - Orange	Green - Red	White - Orange
to 4:45pm					
	688-725-0159	688-725-0159	688-725-0159	688-725-0159	688-725-0159
5:00 PM	Sparring (Beginner)	Poomsae (Beginner)	Sparring (Beginner)	Poomsae (Beginner)	Beginner-Intermediate
to 5:45pm	Black Belt Club	Black Belt Club	Black Belt Club	Black Belt Club	Ages 6-12/Adult
	688-725-0159	688-725-0159	688-725-0159	688-725-0159	688-725-0159
6:00 PM	Beginner-Intermediate	Mighty Monkees (30 min)	Beginner-Intermediate	Mighty Monkees (30 min)	Black Belt Club
to 6:45pm	Ages 6-12/Adult	Ages 3-5	Ages 6-12/Adult	Ages 3-5	All Levels
	688-725-0159	688-725-0159	688-725-0159	688-725-0159	688-725-0159
7:00 PM	Sparring (Intermediate-Adv)	Poomsae (Advanced)	Sparring (Intermediate-Adv)	Poomsae (Advanced)	
to 7:45pm	Black Belt Club	Black Belt Club	Black Belt Club	Black Belt Club	
	688-725-0159	688-725-0159	688-725-0159	688-725-0159	

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